

Relevant information about the new COVID-19

How COVID-19 spreads

By coughs or exhales they release droplets of infected fluid.

Incubation

The incubation period range from 1-14 days, most commonly around five days.

Protection measures

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.
- Avoid touching eyes, nose and mouth.
- Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze.
- Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.
- Follow advice given by your healthcare provider, your national and local public health.



Protection measures for persons who are in or have recently visited (past 14 days) areas where COVID-19 is spreading

- Self-isolate by staying at home if you begin to feel unwell, even with mild symptoms such as headache, low grade fever (37.3 C or above) and slight runny nose, until you recover. If it is essential for you to have someone bring you supplies or to go out, then wear a mask to avoid infecting other people.
- If you develop fever, cough and difficulty breathing, seek medical advice promptly as this may be due to a respiratory infection or other serious condition. Call in advance and tell your provider of any recent travel or contact with travelers.

Relevant information about the new COVID-19

Is it safe to receive a package from any area where COVID-19 has been reported?

Yes. The likelihood of an infected person contaminating commercial goods is low and the risk of catching the virus that causes COVID-19 from a package that has been moved, travelled, and exposed to different conditions and temperature is also low.

Vaccine

Experts agree that we will have to learn to co-exist with this virus, as it is not going to disappear any time soon. This is why it is essential to focus on developing a vaccine.

Fortunately, we are not starting from scratch. At least four biopharmaceutical company laboratories, members of the IFPMA, have begun research on a vaccine.

Forty-five people will be enrolled in the preliminary safety trial of the new vaccine. Researchers in Seattle have begun recruiting healthy volunteers to participate in a clinical trial for an experimental COVID-19 vaccine, according to news reports.



Source: <https://www.who.int>

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